

Starting...



What do Rainbows need?

Your daughter won't need anything for her first few meetings to experience the fun and adventure of being a Rainbow, though you should ensure that she wears suitable clothing and footwear for each meeting/event/activity. Girlguiding produces a range of Rainbow items: your daughter can choose from a selection of Rainbow uniform, and you can buy the exciting Rainbow book, Rainbow-themed gifts and a Rainbow Welcome Bag which she can use to carry the things she needs for her Rainbow meetings. It is up to you and your daughter's Leader to agree when it would be best for your daughter to start wearing her Rainbow uniform and using her book.

Everything a Rainbow needs is available from Girlguiding. If you haven't already received one, ask your daughter's Leader for a copy of our free *Guiding Essentials* catalogue for parents or to let you know the location of your nearest volunteer-run shop; alternatively visit www.girlguidingshop.co.uk. Buying directly from Girlguiding means that all the profits go back into supporting guiding in the UK.

What will Rainbows cost?

Rainbow units charge subscriptions (called 'subs') weekly, monthly or termly to cover costs like equipment and the hire of the meeting place. There is also an annual subscription (which may be included in the subs), which is paid to cover the day-to-day running of the charity. Your daughter's Leader will let you know the amount as well as how and when to pay. For special events, like days out, an extra charge is usually made.

If you pay income tax, your daughter's Leader can use Gift Aid to claim 25p for every £1 you give in subs or donations. All you need to do is sign the Gift Aid Declaration form included here (page 5). The money will be used for the benefit of your daughter's Rainbow unit.

Support your daughter

Girlguiding encourages you to support your daughter's involvement in Rainbows.

- Drop off and collect her at the appropriate times. Always ensure that an adult Leader is present before you leave your daughter, and inform a Leader if someone different will be collecting your daughter.
- Return forms and payments on time. It is understood that you give your permission for your daughter to take part in guiding activities during the normal meeting time, but your written permission is sometimes needed for her to take part in events, outings or more adventurous activities at a different time or place.
- Discuss with your daughter's Leader any matters that may affect your daughter's participation, such as changes in family circumstance or additional needs/medical conditions, and inform her promptly of any changes to your contact details.
- Encourage your daughter to attend meetings regularly and take part in special activities. Occasionally she may also want to do things at home, so be ready to help out with these too.

If you have any difficulties please talk to your daughter's Leader, who will treat what you say in confidence.

rainbows.girlguiding.org.uk

Visit the Rainbow website to find more information about Girlguiding, what being a Rainbow involves and how you can support your daughter and Girlguiding, plus lots of great activities and games.

A further adventure

Rainbows is just one section of Girlguiding. At any time after her seventh birthday your daughter can become a Brownie. Ask your Rainbow Leader for details of the Brownie units in your area. Some units may have a waiting list, and your Leader will be able to advise you of the procedure should this be the case.

Welcome to Rainbows

Being a Rainbow is all about developing self-confidence, building friendships, trying new things and having fun. Rainbows learn by doing - they get their hands dirty with arts and crafts, cooking and playing games. Rainbows are girls aged five to seven (four to seven in Northern Ireland) who follow a programme called the Rainbow Jigsaw, through which they can take part in lots of different activities with girls their own age. Each Rainbow plays an active part in making decisions about what the unit does.

Rainbows make, or work towards making, this simple Promise, which they share with members around the world:

I promise that I will do my best to think about my beliefs and to be kind and helpful.

Unit details

Unit name

Meeting place

Meeting time

Unit email

The _____ unit subscription is _____.

This unit subscription includes excludes
 partly pays for

the Girlguiding annual membership subscription.

Leaders

Unit main contact

Telephone number

Alternative number

Email

Unit secondary contact

Telephone number

Alternative number

Email

Area support

Your daughter's unit is part of a wider Girlguiding family. Her unit is part of _____.

This is within _____ County

in _____ Country/Region.

If you have any concerns that you wish to discuss with someone other than the Unit Leader, you can discuss them with the local Commissioner (see below for details) or whoever is responsible for guiding in your area.

Local Commissioner

Name	Email
Telephone number	

Buying guiding uniform, gifts and resources

<p>To find your nearest Girlguiding or volunteer shop ask your Leader, call 0161 941 2237 or visit www.girlguidingshop.co.uk > Shop Locator.</p> <p>You can also buy your guiding essentials online at www.girlguidingshop.co.uk. To order by phone from your latest <i>Guiding Essentials</i> catalogue call 0161 941 2237. For any buying queries please email us at tradingshop@girlguiding.org.uk.</p>	<p>Your local shop</p> <p>Opening times</p> <p>Telephone/Email</p>	<p>Girlguiding Headquarters Shop 17-19 Buckingham Palace Road London SW1W 0PT Tel: 020 7592 1811 Open: Mon-Thu 9am-5.30pm, Fri 9.30am-5.30pm, Sat 9am-5pm</p> <p>Girlguiding Scotland Shop 16 Coates Crescent Edinburgh EH3 7AH Tel: 0131 225 3483 Open: Mon-Fri 9am-5pm, Sat 9am-4pm (school summer holidays 9am-1pm)</p>
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Essential information

Below is the information currently recorded for your daughter on the Girlguiding membership database (Go!). So that the Unit Team has the information it needs to ensure your daughter gets the most out of guiding, please amend any incorrect information below, fill in any blank boxes, sign the form and return it to your daughter's Leader within two weeks.

All information provided on this form will be stored securely in line with the Data Protection Act 1998, and protected against unlawful or unauthorised use. It is the policy of Girlguiding that all personal information is used only for guiding purposes and is never passed on to anyone outside the organisation without consent from Girlguiding Headquarters.

Membership number

Name	Preferred name
Date of birth	School

I declare that the information provided is correct to the best of my knowledge. I will inform the Unit Team if any of the information changes in the future. I give consent for my daughter to participate in guiding activities during unit meetings.

Signature of parent/carer

Parent/carer's details

Name	
Address	
Telephone number	Alternative number
Email	
<input type="checkbox"/> I am happy for my daughter's Leader to store my telephone number on her personal mobile phone.	

Emergency contact details (person to contact if parent/carer above is not available)

Name	Relationship
Address	
Main telephone number	Alternative telephone number

Permissions

What is the normal arrangement for dropping off and collecting your daughter from the meeting? If this changes please inform your daughter's Leader.

Dropping off

Collecting

Girlguiding enables girls and young women to take part in exciting events and activities. During these activities photos and/or videos may be taken. Please indicate below which statement you agree to. Please choose one option only.

<input type="checkbox"/> I am happy for photographs/videos to be taken of my daughter during guiding activities and used in national and local Girlguiding publicity, communications, publications or digital channels (eg websites, social media).
<input type="checkbox"/> I am happy for photographs/videos to be taken of my daughter during guiding activities for use within the unit only, not used for national and local Girlguiding publicity, communications, publications or digital channels (eg websites, social media).
<input type="checkbox"/> I do not wish any photographs/videos to be taken of my daughter while she undertakes guiding activities.

Please note that photo/video permissions differ for large-scale events (where over 100 participants are present). Consent forms will state clearly if an event is large scale, and will request you to make it known to your daughter's Leader if you do not wish photos/videos of your daughter to be taken at the event.

Further information

Please tick the relevant box(es) and provide details of any dietary requirements, medical conditions, disabilities or special educational needs (SEN).

<ul style="list-style-type: none"><input type="checkbox"/> Allergy<input type="checkbox"/> Hearing impairment<input type="checkbox"/> Learning difficulty<input type="checkbox"/> Long-term illness/condition<input type="checkbox"/> Special dietary requirement<input type="checkbox"/> Physical impairment<input type="checkbox"/> Mental health condition<input type="checkbox"/> Sight impairment<input type="checkbox"/> Other information<input type="checkbox"/> None to declare	<p>Please provide additional information:</p>
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Girlguiding occasionally has to provide details showing the diversity of its membership, for example for grant applications. To help your Leader provide accurate information, please tick the appropriate box to indicate your daughter's ethnic culture and native language.

Ethnic culture		
<input type="checkbox"/> Bangladeshi	<input type="checkbox"/> Black Caribbean	<input type="checkbox"/> White and Black Caribbean
<input type="checkbox"/> Chinese	<input type="checkbox"/> Black Other	<input type="checkbox"/> Other mixed ethnic group
<input type="checkbox"/> Indian	<input type="checkbox"/> White	<input type="checkbox"/> Other ethnic group
<input type="checkbox"/> Pakistani	<input type="checkbox"/> White and Asian	<input type="checkbox"/> Do not wish to disclose
<input type="checkbox"/> Other Asian	<input type="checkbox"/> White and Black African	
<input type="checkbox"/> Black African		

Native language		
<input type="checkbox"/> English	<input type="checkbox"/> German	<input type="checkbox"/> Turkish
<input type="checkbox"/> BSL	<input type="checkbox"/> Hindi	<input type="checkbox"/> Welsh
<input type="checkbox"/> Chinese	<input type="checkbox"/> Polish	<input type="checkbox"/> Other
<input type="checkbox"/> French	<input type="checkbox"/> Punjabi	
<input type="checkbox"/> Gaelic	<input type="checkbox"/> Spanish	

The categories used are from the Equality and Human Rights Commission. No individual will be labelled from the information supplied.

Volunteering

Guiding is made possible by more than 100,000 volunteers. Every extra adult volunteer makes a huge difference. While Girlguiding recognises that not everyone can give time on a regular basis, any support that you or your family can offer is welcomed.

Are you willing to help at meetings? <input type="checkbox"/> Regularly <input type="checkbox"/> Occasionally <input type="checkbox"/> Never
Can you help occasionally with any of the following? <input type="checkbox"/> Transport <input type="checkbox"/> Activities <input type="checkbox"/> Camps or holidays
<input type="checkbox"/> Other - please give details of any interests, skills, qualifications or equipment that you are willing to occasionally share with the unit:

Gift Aid Declaration

Past, present and future donations to Girlguiding

Unit name:

Unit charity number if applicable (do not enter the central Girlguiding charity number unless you wish the central charity to receive the Gift Aid):

Please treat as Gift Aid donations all qualifying gifts of money made

today in the past four years in the future

Please tick all boxes that apply.

I am a UK taxpayer and understand that if I pay less income tax and/or capital gains tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.

Boost your donation by 25p of Gift Aid for every £1 you donate

Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK taxpayer.

Donor's details (please print in blue/black ink)

Title First name or initial(s) Surname

Full home address

Postcode

Signature

Date

Please notify Girlguiding if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains.

If you pay income tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your self-assessment tax return or ask HM Revenue and Customs to adjust your tax code.

